Stay home! Stay home and stay healthy - yes!

There is less stress, less hassle and more kindness, more laughter. There is a waking up to what really matters in life - care! Care for nature, care for your neighbors, your friends and your sister and brothers. There is space for new creativity, music and poetry. There is a renewed emphasis on working the garden, or sharpening your baking and cooking skills.

What will happen now? How will we (humanity) evolve? What will last and become the new normal?

Oh, let it be something good and worthwhile. Let it be a real turn around!

O God send us Fools those deeply engaged ones, who forget, who love not in words alone who give of themselves until the very end.

We need fools who do not follow reason who are passionate who are capable of plunging into uncertainty: the unknown, a more yawning abyss than poetry.

Willing to go no matter where that may be: at once free and obedient, spontaneous and tenacious, gentle and strong

O God send us such fools!

- by Lois-Joseph Lebret

We need the fools in our time enthusiasts of the simple Life, lovers of peace innocent of compromise, committed never to betray with a disregard for their own life capable of accepting no matter what task.
HELIOS HOUSE HOLIDAY with Lisa & Alicia

From May 25 to the 28th Helios went on a fun-filled house holiday, staying at the Eagle Nest Sanctuary near Shawnigan Lake. The house was so beautiful and the garden was amazing. What stands out for me is having Annette and Sofia join for an outdoor Slovakian BBQ, walking the Quarry and seeing garter snakes...so many fond memories!

When we arrived at the house in Shawnigan lake, we had no idea what fun was about to be had. We stayed in a lovely house a stone's throw away from the Kinsol Trestle with a hot tub, medicine wheel, an outdoor stage and there were also steps leading to the river, which was very cold.

FESTIVALS AND EVENTS

Sep. 26 - The Ita Wegman Association Annual General Meeting (AGM)
End of September - Michaelmas Festival

WHERE ARE THEY NOW? with Lisa Whitehead

I am studying medicine and I live in Saarbrucken, Germany. In my free time these days I enjoy reading, playing the piano and spending lots of time outdoors!

What do you miss about Glenora Farm?
I miss the people and the steadiness and peace of life there. But most of all I miss everyone living and working on the farm.

Do you have any fun news?
I have managed the worst part of my studies so far without failing!
FROM THE HERB WORKSHOP  
with Annette Lampson

During the month of May we had a good mix of rain and warm weather at the farm, so all the herbs in the herb garden have grown quite lush, and Layla, Lisa, Jana, Cecilia and Annette are now harvesting plenty every day.

In May there were Stinging nettles to cut in the woods and primulas in the herb garden. Now the arnica and chamomile is blossoming, and there is plenty of wild and greek oregano; chives, lemon balm, sage, thyme and lovage to harvest.

Layla and Jana have been busy picking all the little leaves off the stems, and placing them on trays to be dried in the dehydrators. "I got it!!", Layla will say, when a task is finished - and she sure "got it"!

Lisa will then put the dried leaves into bags and jars to be stored away. Later - on rainy days or during the colder months - we will turn them into delicious and nourishing herb tea mixes, herb salt, tinctures, oils and ointments for the healing of cuts and bruises.

We have several hundred seedlings in the greenhouse which are slowly growing large enough to plant in the new garden beds we have readied for planting: Anis Hyssop, sage, wormwood and heartsease, just to mention a few, but we have also seeded a lot of calendula directly into the soil.

The weeds have also grown very lush, and weeding is a part of the daily routine in the herb garden. Lisa has patiently been working away at weeding between the tender chamomile seedlings, and Layla has worked tirelessly to weed the borders of the framed beds. We are missing our friends from outside the farm - Allura and Trish have been great helpers in the herb workshop, and we look forward to welcoming them back again!

“COVID SONG”
(to the tune of "Inch by Inch", find our performance on Facebook!)

Spot by spot,  
Germ by germ,  
Gonna make this virus squirm;  
All it takes is a mop and a sponge,  
and a bleachy bottle of spray!  
Switch by switch,  
Tap by tap;  
don’t you ever leave a gap!  
let us all just scour the world,  
till the Covid goes away

Space by space,  
Yard by yard,  
keep your distance, stay apart;  
Sing a song with the sun and rain,  
while we beautify the place;  
Lose the frown; smile and wave;  
in this time we’ve gotta be brave.  
Grateful for each other,  
keeping happy, healthy and safe.

BIRTHDAYS

Gilberts - July 12
Kristi - July 14
Adam - July 17
Bo - July 19
Gary - July 30
Alicia - August 12
Jana - August 15
Chris - August 23
Fabian - Sep. 6
Adola - Sep. 12
Martha - Sep. 19
Jenny - Sep. 25
PROGRESS REPORT
from Tara Batho

As the month of January was coming to a close Glenora Farm received some truly fantastic news, Camphill Foundation let us know that we were successful in our three-year capacity building grant application. This grant allows Glenora Farm to place a much-needed administration support staff member. This role was created to provide support to admissions, development and general office administration.

The Covid19 situation made the recruitment process a bit more challenging with all members of the hiring committee working remotely while getting used to new technology. Our team received an impressive number of application packages (close to 60!) from qualified and interesting candidates. Our committee worked together throughout a rigorous evaluation process, zoom and in person interviews, as well as reference checks.

It is my absolute pleasure to let you know that we have placed a qualified candidate in the Camphill Foundation funded Admin and Development Assistant role! Dominica Dorazio- Shillito will be joining the Glenora Farm team at the beginning of July, 2020. Dominica held the position of office assistant at the Matraea Centre in Duncan, she concurrently managed the Matraea Mama and Baby Store. Dominica was the manager of the YMCA Workout Centre in Edmonton and manager of The Running Room in Edmonton.

We are so very pleased that Dominica will be joining our administration team; we were most impressed by her interpersonal skills, diverse admin experience, creative problem solving abilities, compassion and determination. Her references are glowing and it feels like the match is a strong one.

This opportunity would not have been possible for Glenora Farm without the ongoing generosity, commitment and partnership of Camphill Foundation. On behalf of our community I would like to express sincere gratitude and appreciation for the much-needed support. This is a game-changer for our admin team.

JEAN ZUCHT WALK FUNDRAISER

We're excited to share that Jean Zucht, Chris’ mother, is embarking on a wonderful fundraising journey to celebrate Chris’ 40th birthday this summer! CHEK News has done a feature on Jean’s ambitious plan to walk 440 km in 40 days. Donors can contribute on Jean’s GoFundMe page and support Glenora Farm as they follow along with Jean’s walk!

Here is an excerpt from Jean’s GoFundMe page explaining the idea!
My son who lives at Glenora Farm, (Lta Wegman Association,) Duncan will be 40 this year to celebrate I am doing a 440 km walk in 40 days. All funds collected will go to help finance a new house that is being built to house 5 special need adults. Want to join me in making a difference, any donation will help make an impact. Thanks in advance for your contribution to this cause that means so much to me.

CHEK News Feature: https://checknews.ca/news/the-upside/
JEAN’S GoFundMe Page: https://www.gofundme.com/f/farmhouse-build-for-special-need-adults
There is a lot of new life in springtime on Glenora Farm. For lambing this year we had 2 sets of triplets, 9 sets of twins, and one single, 25 all together. A few coworkers got to witness a late night lambing and learn some animal husbandry. Lale would like to be a midwife, so it was a really good experience.

At first only one lonely chick hatched from our chicken flock (Gertie, riding on Kristi’s shoulder in the picture.) The next week Andrew found a stealthy chicken hiding in the loft with 11 chicks. A day later there was another hatch of 7. Two hens shared the work of sitting on those eggs and being mother hens together. One hen could ward off Tess (the dog), and the other would call her chicks to safety. Many of them got names from the children on the farm. Thunder and Dave among them.

Our first calf was born on Whitsun. She is a beautiful and wise looking calf, but she has been too fast for us to get close to her. Her mother aids her in evading us by giving a warning sound when anyone approaches, and then Whitsey leaps out of the tall grass and starts running swiftly across the field. We will have fun chasing her when we move them to another field!

On ascension day we dug up our cow horn manure and the whole community stirred it in a large barrel at the barn, taking turns whilst singing and drumming. The farm crew, the herb crew, and the children have been gathering plants for the biodynamic compost preparations. We have picked the dandelions and nettles, and will soon gather the chamomile and yarrow. This year we ordered the compost preparations which is not as exciting as making them. They will be used to enhance our great many compost piles.

On a daily basis the farm crew has been busy clearing thistle and broom from the fields, spreading our compost, picking rocks, moving fences, tending to the sheep, cows, and chickens, and much more. It has been a great spring for grass to grow, but we haven’t made hay yet due to the rain. We are excited for some good weather so we can get out and heave some hay bales together.

FARM TO TABLE
Chris’ Carrot Salad

Chris W. cooks in Helios most mornings, and over the years he has contributed to some wonderful and creative dishes. Here’s a recent Helios favorite, featuring Chris’ handiwork!

You need:
- young carrots
- radishes
- spring onions or scallions
- smoked tofu
- hard boiled eggs
- mayonnaise

Chris grates the carrots and tofu. Then he slices the radishes and the eggs. While he does that, I chop the scallions. Then I mix it all together and add some mayo. Done!

250-715-1559  glenorafarm.org  info@glenorafarm.org