

People fail to get along because they fear each other; they fear each other because they don't know each other; they don't know each other because they have not communicated with each other.

-MLK Jr.

# GLENORA GAZETTE

SPRING 2020

## AN ELEMENT-FUL CARNIVAL

by Lale Maler

This spring we have been talking together as a community about the four elements, recycling and the upcoming carnival festival. But what could we do with all of these different impulses? "Let's have a big party", we thought. But not just any party, a special carnival party where recycling and the four elements are included. And that is exactly what happened back in February on Carnival.

Every house dressed up as one of the elements and in some cases there was even a link to recycling. Here is a little introduction of the different houses, to give you a little impression how creative people on Glenora Farm can be:

The Big House, with earth as their theme, came as a Potato Family! There was Kartoffel, Pomme de Terre, Spud, Sweet Potato and Fries. But as everyone knows, potatoes today no longer have such an easy life. Packed in plastic, they are deprived of the air which they need to breathe. Fortunately, there are potato gnomes who free the potatoes and throw the plastic into the blue recycling box.

Furthermore, you could find a bunch of fire at the party, thanks to Helios House. They brought incredible sparkle, light and energy. Let's not forget about all these different beautiful birds flying around. The air had sent a flock of birds with their colourful feathers to the feast via Corwyn House.

The Lake House put on an incredible show as a flood! The flood was definitely an eye-catcher and the fire had to run away to avoid being extinguished.

We had some nice songs, every house introduced themselves and of course we talked about recycling as well. And after a little snack-break the dancing finally began thanks to our very own DJ's "Matthew the Maker" and "Always Awesome Abi", who managed to set the mood. That was fun and we all had a good time!

Thank you all for coming. you have made the evening colourful, funny and full of life.



SCENES  
FROM  
THE  
FARM





## THINGS WE LOVE

We both really enjoyed the bells performance at the 100 Women of Cowichan. (Adam: "I've got that Mama Mia song stuck in my head!") It was a "thank you" for the stairs project and the performance was at the local race track, which we both loved! Adam hopes to go to a race there over the summer. We both had a wonderful bowling season (before the season was cancelled). Matthew scored a high of 225 and Adam scored a "turkey" and hit a high score of 154.



Matthew and Adam

## FESTIVALS AND EVENTS

April 12th Easter

May 31st Whitsun

June 24th St. John's Day

## WHERE ARE THEY NOW?

with Lisa Whitehead

Ruben Campbell-Paine  
lived in Corwyn House  
2012-13.



I'm currently in my first year of a foundation degree in circus and physical theatre at Circomedia in Warmley, which is between Bristol and Bath. In my free time I like to watch TV, hang out with friends and train my aerial, handstand and acrobatics.



What do you miss about Glenora Farm?

I miss the wonderful people and the many valuable lessons and experiences I was lucky to have while working at Glenora Farm.

Do you have any fun news? I have so much fun building up my skills in circus, particularly on the twin ropes which is my chosen aerial specialization.



## RESOURCEFULNESS & RECYCLING IN THE WEAVERY

by Korinna McDonald

The Glenora Farm weaving team currently consists of 6 companions, 3 coworkers and 4 day volunteers. Every one of our two dozen different products is handmade and one of a kind. No step in the weaving process is motorized, from winding the bobbins to beating the weft into place. (We do however use a sewing machine)

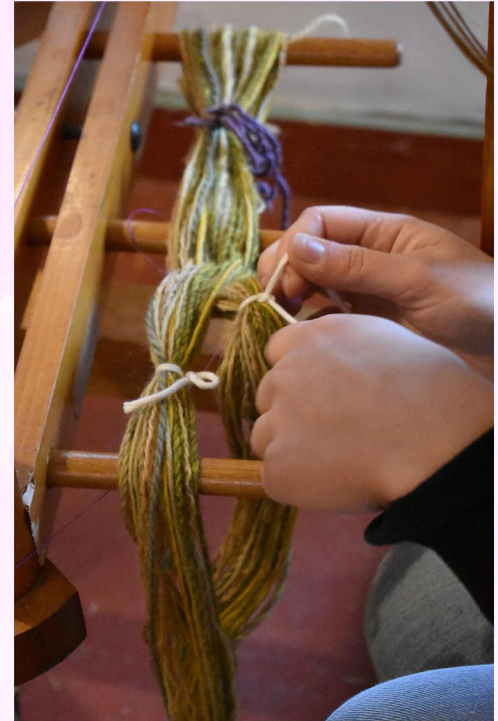
Nothing goes to waste either.

Our colourful throw pillows and tote bags are made using the bit and bobs of material that have been donated by people in the wider community. Every piece of yarn is salvaged, collected and reused as stuffing. Pillow and tote bag linings are made from donated fabric pieces.

Warps ends are turned into carpets and handbags, and even the smallest woven cloth will find a purpose as card decoration or turned into a patchwork book cover.

Old newspaper and wallpaper find a new function when keeping the layers of warp separated that are rolled onto the back of the loom. It fills us with pride to turn discarded material into desirable products.

Donations of yarn are kindly accepted.



## FROM THE KIDS

With schools being closed, families with children are finding creative ways to keep the children wholesomely engaged. Here are the Waters House children doing some watercolour painting as part of an ad hoc kindergarten.



## BIRTHDAYS



April 7 Emma H.  
 April 11 Erika R  
 April 18 Cory McD.  
 April 26 Bea R  
 April 29 Jonah H.,  
 April 29 Carmen K.  
 May 4 Kelly C.  
 May 9 Faith S.  
 May 21 Korinna McD.  
 May 22 Marie-Reine A.  
 June 16 Sylvia B,  
 June 16 Matthew C  
 June 23 Lale M



## FROG SONG

by Olaf Lampson

Where I come from frogs only croak and climb  
And I am not joking  
I don't miss the croaking  
there they croak mostly one at the time.  
But here, in Spring  
Frogs always sing  
The frog song-chorus in March is sublime.  
But what is the matter with the world this year?  
The skunk cabbage grows  
And the daffodil shows

But I still don't know if Spring's really here  
There blooms Indian plum  
And the Humming birds hum  
But the frog song-chorus I love I don't hear!  
There blooms Indian plum  
And the Humming birds hum  
But the frog song-chorus I love I don't hear!  
In her silver shoon  
came grandmother moon  
And roused those frogs  
From the lake and their bogs  
And kindly bid them more loudly to croon  
And sure before long  
I, too, heard the song  
Old and def as I am, did I grumble to soon?



## PROGRESS UPDATES

from Tara Batho



### Farm House

Spring energy is here. Cherry blossoms have returned, buds are popping, garden beds are waking up, and construction on the farmhouse is coming along! The foundation has been poured, floors are in and walls are going up. Katrin, Samina, Jana and Jenni have been regulars on the building site, bringing smiles, laughter and a connection to the people who will call the farmhouse home. In a matter of months they will walk through the front door and settle in.

Our forestry team has seen select trees returned to the site as hand milled lumber for exterior siding. Our new electrical pole is up, wiring has been trenched to the house, operational systems are lining up, and we have selected and ordered our back up generator. Roof trusses have arrived, and by the end of the month we will be under cover.

The new well was tested and produces an abundance of good, clean water; we are working on infrastructure, conveyance, and filtration design to support both the farmhouse and 3-acre vegetable garden. Drainage around the house has been installed and the overflow rock pit has proved effective in some heavy rain events. The engineered septic system is almost complete and the land has started to hold the shape of the house.

Our partnership with Camosun College Horticulture Department continues, students have presented their ecological landscape designs to our community, we will provide feedback to all students and select the design that will be the basis of the landscape plan for the farmhouse. Camosun students and faculty have been instrumental in the landscape design process to date; in addition to collaborative design, the group is planning pathways, addressing accessibility challenges, and creating structure and purpose in garden areas. As part of the project, students will work with plant propagation and installation, as well as providing us with a comprehensive maintenance plan.

With longer days ahead we are excited to watch the house take shape; soon all walls will be up, we will have a roof overhead, and rooms will be formed. Katrin, Jenni, Jana and Samina are keeping an eye on the developments and ensuring the construction crew onsite are in positive spirits.





## FROM THE GARDEN and FARM

with Miro Lakosil

Garden in winter brings a whole lot of tasks that have seemingly nothing to do with garden work. Suddenly you do not harvest or plant, you do not even necessarily work in the field or with plants. There are other things which need doing and which have been waiting to be done the whole summer

and fall when there was no time for anything else but the harvest. They are important things nonetheless. In winter it's about repairing, sorting, cleaning, organizing, labeling, tidying, building, packing, collecting and storing.



That is what we did. We repaired the fence so that the deer cannot come and go as they like. We cleaned the field of all the necessary garden equipment – reemay cloth, drip tape, plastic mulch, label posts, garden mesh. We constructed a sink. True, you get out into the field too. You dig out perennial weeds, you rock pick, you compost, you even harvest a bit – leeks and sunchokes mostly.

And then there is the green house, a whole different world. Before you know it, you can harvest all sorts of leafy vegetables and have a salad mix even in February. Right now the spring is coming. The days are longer and the sun warms up the ground as well as the gardeners. Rhubarb and garlic are starting to wake up. There are still quite a few building projects to be done. However, more and more, the garden is starting to get ready for planting.

## FARM TO TABLE Glenoreo's!

Make your own version of the Glenora Cafe favorite!

**Cookie:**  
 2 2/3 c dutch cocoa  
 3 c kamut flour  
 2 1/2 tsp salt  
 2 c unsalted butter  
 4 c sugar  
 4 lg eggs  
 2 tsp vanilla  
 Mix together, roll out in between wax paper to 1/8 " thick, chill overnight. Cut out circles, chill, then bake at 325F for 15 min., cool.

**Icing:**  
 1 c unsalted butter, softened  
 1 c shortening  
 6 c icing sugar  
 2 tsp vanilla  
 Beat ingredients together then fill cookies!



## 100 WOMEN OF COWICHAN - THANKS!

Our thanks to the wonderful organization "100 Women of Cowichan" for selecting Glenora Farm as the recipient of their monthly project a few months back, resulting in much-needed emergency exits from Helios and Corwyn Houses!

